



Coping with the Holidays

(A free grief seminar)

Date: December 6, 2019

Time: 2:30 p.m. – 4:30 p.m.

Location: Carbonear LTC Facility

In the Multipurpose Room

(Open to the public)

For additional information, please contact Mag Snook at 777-8972 or Peter Barnes at 777-2167 or email peter.barnes@easternhealth.ca